

**?PDF / Epub? ★ The  
Inconsequential Child:  
Overcoming Emotional Neglect  
(English Edition) Auteur  
Anthony Martino –  
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NEW POST

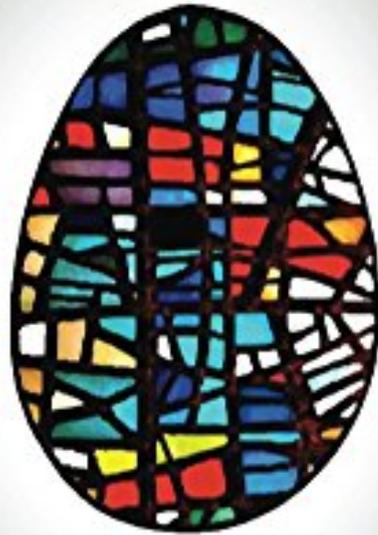
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Posted on 04 May 2019 By Anthony Martino

For a layperson who is not a psychotherapist, the author gets it I could totally relate to his healing journey It is a great explanation of how we cope with our losses to such an extent that we cut off from feelings I would have liked to hear about what he learned about opening his heart. I love the spontaneity of this book. The feeling that it has been written in the moment with the purest of thought and emotion. I highly recommend the Inconsequential Child to all the journeyers out there, who, like me are encouraged by the success of others on the path towards finding the treasure that is them. I was fortunate enough to have a friend recommend this book to me. I am so glad that he did. The Inconsequential Child, written anonymously, is both enlightening and awakening. Through a series of letters written to the reader by the author, you discover, rather like going on a journey, how events that occurred during his childhood, have affected how he lived his life and the relationships that he has, both with himself and others. It is a lovely narrative of awakening, love and encouragement. All of us have had feelings of being inconsequential in our lives without being able to understand the reason why. Whether you are on your own journey of self discovery or like me, are aware that there is something missing in your life, his unconditional love and guidance are a boost on

the path towards greater understanding and acceptance of what makes you you. Read it in one sitting but will return again and again The author's description of being an inconsequential child resonated deeply with me, and the coincidences of our experiences as children are uncanny, so I think that's why I related to it I've been on my journey of self discovery for a long time, and misinterpreted competence and success as the hallmarks of a whole and healthy life along the way My only suggestion would be for the author to follow up with stories and information, and maybe specific tools to use Overall, really good Thanks A compassionate and intellectual take on getting a better life, by connecting with your emotions I like the philosophical level on which the author operates I find the language to be beautiful Book reviews are personal and subjective Read it and make up your own mind but this book hit me right in the heart Maybe I was lucky, because some guy out there just like me, only older, actually figured this stuff out and wrote a book about it I mean, what are the chances Another important factor may be where I am in my life right now, and how open I was for profound change I think, as a reader, you have to have come to a certain place in your journey, if you're going to gain anything from this book But if you are ready, it is a real treasure To me it was simply brilliant and I feel so much better and hopeful than I have ever been Thanks, whoever you are who wrote this book.

The Inconsequential Child Is An Intimate Memoir Of One Man's Journey Of Self Discovery The Book Is Written In The Form Of A Letter Where Each Chapter Conveys One Of The Lessons The Author Has Learned During His Journey Toward Emotional Well Being, Love And Hope The Book Centers Around A Series Of Memories Which Were The Basis Of The Author's Personal Psychoanalysis The Memories Are Written As He Remembers Them In His Voice, Often In First Person, Present Tense The Author Also Offers Both Real Time And Post Analysis Of The Memories That Have Guided Him Through His Journey As Such, The Inconsequential Child Is Not A Self Help Book Instead, It Is A Book Of Possibility The Possibility That You Too Can Heal As You Walk Along Your Path Toward Self Discovery Also, Please Note That The Author Is Not A Medical Professional And He Is Using A Pseudonym



# The Inconsequential Child

Overcoming Emotional Neglect

Anthony Martino