

# [Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

Posted on 12 July 2018 By Nick Spalding

From Bestselling Author Nick Spalding Comes A Laugh Out Loud Story About Getting Offline And Getting On With Life Andy Bellows Is In A Right State Plagued With Insomnia, Anxiety And Neckache, He S Convinced There S Something Seriously Wrong With Him And The Worst Thing Is That His Doctor Agrees The Diagnosis Andy Is In The Grip Of A Self Destructive Addiction To Technology He Just Cannot Put That Bloody Mobile Phone Down Texting, Tweeting, Gaming And Online Dating Technology Rules Andy S Life His Phone Even Monitors His Bowel Movements So How Will He Cope When He S Forced To Follow Doctor S Orders And Step Away From All Of His Beloved Screens From Having To Leave The Flat In Search Of Food Like Some Kind Of Neanderthal To Engaging In Conversations With Actual People, Andy S About To Discover Just How Bewildering And Scary The Analogue World Can Be And When His Sixty Day Detox Hits The Headlines Making Him A Hero To Suffering Technophiles Everywhere Andy Is Sorely Tempted To Pack It All In And Escape In The Nearest Uber Can He Get Himself Out Of This Mess, And Work Out How To Live A Better, Technologically Balanced Life Without Consulting Google Even Once

## NEW POST

The Golden Compass

The Three Billy Goats  
Gruff

Little Bear

Harry Potter and the  
Deathly Hallows

Harry Potter and the  
Half-Blood Prince

The Poky Little Puppy

## RECENT POST

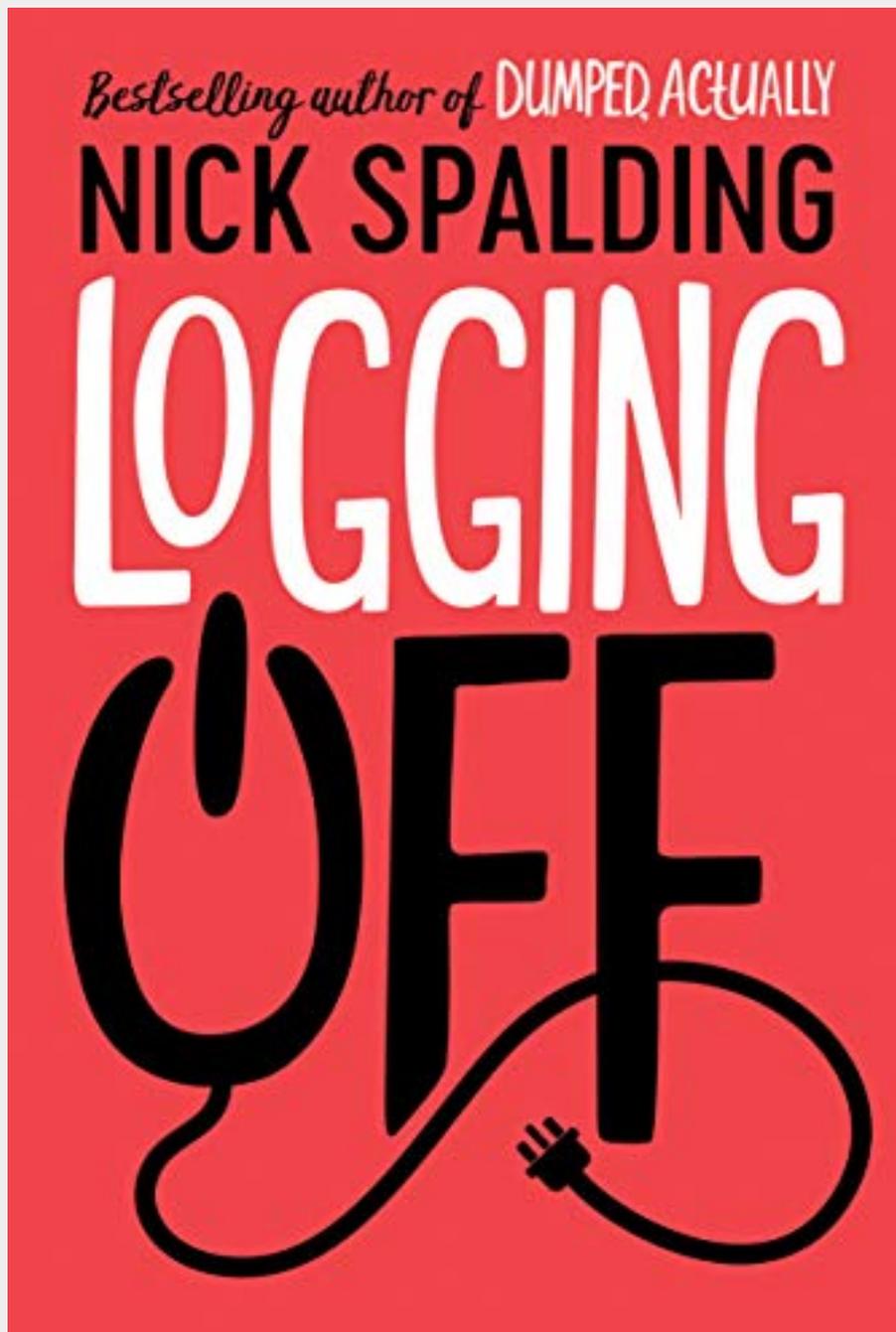
Charlotte's Web

Are You My Mother?

Harry Potter and the  
Sorcerer's Stone

Harry Potter and the  
Prisoner of Azkaban

Are You There God? It's



Me, Margaret

The Chronicles of Narnia

Hop On Pop

Stuart Little

Curious George

One Fish, Two Fish, Red Fish, Blue Fish

Where the Wild Things Are

The Little Engine That Could

The Hobbit, or There and Back Again

James and the Giant Peach

Where the Red Fern Grows

Because of Winn-Dixie

Island of the Blue Dolphins

Guess How Much I Love

## 10 thoughts on “Logging Off ”



**Priya Shrinath Priya Shrinath** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

This is the most fun filled male centric novel I ve ever

read I laughed, giggled almost every single chapter and loved it. Andy Bellows, a freelance graphic designer is addicted to internet and everything online So addicted that he has a habit of googling every symptom he has and getting diagnosed online without consulting an actual doctor Oh did I tell you about the App he uses to monitor his every bowel movement One fine day when he is pitching his new design to a probable client, shit happens and he discovers something is terribly wrong with him and it has nothing to do physically His doc advises a 60 day digital Detox and reluctantly Andy decides to give it a go. What happens next It is not easy to stay out of internet these days Especially if your job involves a lot of time googling for designs Andy has to face his worst fears, fight his urge to give up the Detox just to hold his dear phone in his hands As days move on, Andy experiences a new way to life that he never knew existed and certainly can't handle without being awkward and funny Nick Spalding touches a rather sensitive topic with humor and wit making it a light read for his readers I love every character in the book They're well developed and likeable Uplifting and thoughtful in every way This is just the book you need to read in the modern world where we're glued to gadgets and just can't live an analog life in the digital world Highly recommend it Many thanks to the publisher for my copy of the book All opinions mine.

[Reply](#)



**Laura McToal** **Laura McToal** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

Andy is ridiculously addicted to the internet To such an extent that he barely manages not to defecate all over himself at an interview and experiences symptoms similar to a stroke in said interview. He books himself a Drs

You

The Mouse and the Motorcycle

Horton Hears a Who!

The Darkangel

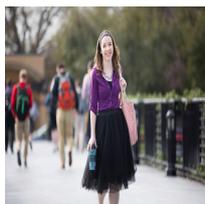
The Secret Garden

Old Yeller

The Golden Compass

appointment, spends the time leading up to the appointment Googling his symptoms always a great idea , to be told by his GP that he needs a technology detox.Now Andy must spend two months navigating life without technology while learning exactly to what extent he has let that technology completely take over his entire existence.I am a Nick Spalding fan and do already have this book pre ordered Having read all of Nick s books, I was absolutely delighted to find that I could access LoggingOff it early on NetGalley in exchange for an honest review.As a fan, this book does not disappoint Filled with witty language, a hilarious storyline and loveable characters, this is one of Nick s best books yet I loved how characters from some of Nick s other books make little cameo appearances too This book, whilst being hilarious, also shines a very real light on the serious effects that the overuse of Technology can have on us Also, how unrealistic it is to aspire to be anything like the trendsetters on Instagram as profiles are often fake or heavily edited retouched and only show what the account holder wants to project to the world which is not necessarily the truth If you are a fan of other Nick Spalding books, you are going to love this one It is very typical of his writing in that you will laugh out loud while reading If you have never read any Nick Spalding read this book to see why you need to read the rest of his books.Although the book will not be released to the public until next month, you can pre order it on now.

[Reply](#)



**Mikayla Upcott Mikayla Upcott says:**

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

I thoroughly enjoyed Andy Bellows as a character and his journey of detoxing from social media, smartphones, and

the internet in general He is funny, bumbling, and lovable Andy Bellows, graphic designer, goes to see his doctor with symptoms of IBS, a painfully locked jaw, and a sore neck His doctor suggests a radical detox from the digital world, and Andy grudgingly follows through with his best friend reporting on the detox in the local paper to keep Andy accountable But Andy struggles without using a smart phone for GPS, ordering food, or keeping in touch with the world around him In some ways, it is the best thing he has ever done In other ways, it feels like he cut off one of his own limbs As Andy gains a real life following of people interested in his detox, he feels as though his life is spiraling out of control and he is concerned about the crowds of people following him in the real world than he ever was about his follower count on Instagram or Twitter Andy must decide whether to keep up the detox, or return to the digital world albeit balanced in his use of digital media than before Overall, this book was a very fun read, but I almost felt like it tried to be a little too deep and philosophical toward the end That s my only complaint though I was either smiling or laughing through the rest of the book.Thank you to NetGalley and Publishing for a free galley copy in exchange for an honest review Logging Off will be released April 23rd, 2020

[Reply](#)



**Sean Sean** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

Andy Bellows is an everyman Someone most people can identify with If you are not like him, you know someone who is That s what makes his character so great It s very easy to identify with his trials and his foibles His problems are very timely, in fact, this book could be ahead of the

curve, in address the over reliance on technology, specifically online In its way, it s a wake up call but wrapped up in a crazy and Hilarious narrative Forget a Greta Thumberg, its Andy Bellows who we need to listen to.Its fresh and original, and the journey here is great fun It a good you cannot put down You just want to experience Just like the technology, it deals with, it very compulsive This is my second Nick Spalding book, after reading Dumped Actually Personally, I think this is even better than that great book That is why I thought it was pure genius to overlap a with part of Dumped Actually Marvelous idea Really recommend this to anyone with a sense of humor and fun I believe this is going to be the top of many people s recommended lists Pure Genius to be shared with as many people as possible

Reply

---



**Sean Sean** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

Andy Bellows is an everyman Someone most people can identify with If you are not like him, you know someone who is That s what makes his character so great It s very easy to identify with his trails and his foibles His problems are very timely, in fact, this book could be ahead of the curve, in address the over reliance on technology, specifically online In its way, it s a wake up call but wrapped up in a crazy and Hilarious narrative Forget a Greta Thumberg, its Andy Bellows who we need to listen to.Its fresh and original, and the journey here is great fun It a good you cannot put down You just want to experience Just like the technology, it deals with, it very compulsive This is my second Nick Spalding book, after reading Dumped Actually Personally, I think this is even better than that great book That is why I thought it was

pure genius to overlap a with part of Dumped Actually  
Marvelous idea Really recommend this to anyone with a  
sense of humor and fun I believe this is going to be the  
top of many people s recommended lists Pure Genius to  
be shared with as many people as possible

Reply



**Naomi Cook Naomi Cook** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-  
wholesale.co

Another funny, witty and thought provoking read from  
Nick Spalding. When main character Andy Bellows finds  
himself in a sticky situation at a work presentation he  
decides there is no alternative to visit the doctor that is  
after he has diagnosed himself with 5 types of cancer  
using Google The diagnosis Andy spends too long  
connected to the online world and needs to embark on a  
digital detox The story follows Andy as he begins Logging  
Off and reconnecting with the real world A world where  
he has to use paper maps, leave the house to buy food  
and speak to actual human beings Before long Andy s  
story appears in the paper but Andy is beginning to have  
second thoughts Overall, an absolutely fantastic read  
Nick has written in such a lovely style yet again, funny  
and gives the reader something to think about I m sure  
this book will do well once published and I have no doubt  
that it will end up as one of my top reads of 2020. A huge  
thank you to NetGalley and Publishing UK for this ARC.

Reply



**Noreen Anastasia Noreen Anastasia**

says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

Thanks to NetGalley for an advanced eARC in exchange for my honest opinion Quick read about the effects technology has on society Andy Bellows is a 30 something graphic designer, with a strong penchant for overuse of screen time This culminates in a wide variety of physical ills leading to a very uncomfortable bathroom event during a pitch His doctor recommends cutting out all things web based, aside from work, for a period of 60 days And here we have Logging Off Some of the escapades Andy gets into during his journey are genuinely humorous And the love story with the beautiful Grace is nicely played out However, it feels like the author didn t hit his stride until about 3 4 of the way through the book My number one piece of advice would be to edit out the majority of poo references I couldn t go two pages without one it was distracting and added nothing.

[Reply](#)



**Fiona McCormick Fiona McCormick**

says:

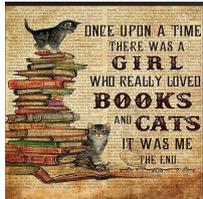
[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

I literally cried laughing at this book I love Nick Spalding s sense of humour and his books always make me laugh Some of the opening scenes where Andy is being interviewed were hysterically funny After Andy realises the amount of stress he is causing himself by living his entire life online, he attempts to detox from technology Some of the situations he finds himself in are just incredible and I particularly liked the reference to some of the characters from the previous book Dumped

Actually. Humour is very subjective and maybe not everyone would find these books as funny, but I can honestly say they suit my sense of humour completely and would urge everyone to give them a go Thanks for all the laughs Nick, your books never fail to cheer me up.

Reply

---



**Isabella Isabella** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

As is always the case with a Nick Spalding s book, I loved it His brilliant use of the language could again be worth the reading alone This is top comedy and intelligent humour on a very serious matter and I think many will have a few home truths delivered while effortlessly reading what can be a very light, very funny story or the report on the recovery of an addict Or a beautiful, heart warming love story, too I laughed much and cried a little and they were happy tears and adored all the characters, and that includes Puggelugs How lovely to see a the cameo by characters from Dumped Actually, too I can only recommend this book Thank you to NetGalley, Publishing UK and the author for an early copy  
LoggingOff NetGalley

Reply

---



**Sarah Sarah** says:

[Reading] ↗ Logging Off Author Nick Spalding – Soccerjerseys-wholesale.co

This is the first Nick Spalding book I ve read and I found it so easy to get into and enjoy, it s a very accessible book and also incredibly relatable The concept of a digital

detox is very relevant as we are all getting and reliant on technology which as illustrated so well in this has both pros and cons I loved following the thoughts going through Andy s mind as he despaired at the impact the lack of technology had on both his mind and his life His friend Fergus was fun to read as he was so good at gently manipulating Andy for both their benefit and the loggers off, especially Grace, were well written This was a really relaxing read with some great humour and also very salient points.

Reply

---