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Posted on 10 January 2017 By Osho

Hit And Run Relationships Have Become Common In Our Society As It Has Grown Rootless, Less Tied To Traditional Family Structures, And Accepting Of Casual Sex But At The Same Time, There Arises An Undercurrent Of Feeling That Something Is Missing A Quality Of Intimacy This Quality Has Very Little To Do With The Physical, Though Sex Is Certainly One Possible Door Far Important Is A Willingness To Expose Our Deepest Feelings And Vulnerabilities, With The Trust That The Other Person Will Treat Them With Care Ultimately, The Willingness To Take The Risk Of Intimacy Has To Be Grounded In An Inner Strength That Knows That Even If The Other Remains Closed, Even If That Trust Is Betrayed, We Will Not Suffer Any Permanent Damage In This Gentle And Compassionate Guide, Osho Takes His Readers Step By Step Through What Makes People Afraid Of Intimacy, How To Encounter Those Fears And Go Beyond Them, And What They Can Do To Nourish Themselves And Their Relationships To Support Openness And Trust OSHO Challenges Readers To Examine And Break Free Of The Conditioned Belief Systems And Prejudices That Limit Their Capacity To Life In All Its Richness He Has Been Described By The Sunday Times Of London As One Of The Makers Of The Th Century And By Sunday Mid Day India As One Of The Ten People Along With Gandhi, Nehru, And Buddha Who Have Changed The Destiny Of India More Than A Decade After His Death In , The Influence Of His Teachings Continues To Expand, Reaching Seekers Of All Ages In Virtually Every Country Of The World

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10 thoughts on “Intimacy: Trusting Oneself and the Other”



Aesha Aesha says:

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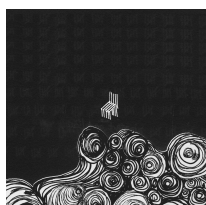
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Bashayer Bashayer says:

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Ursa Ursa says:

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M nh kh th n tr ng khi ng t i s ch c a Osho b i t nh ch nh x
c c a ch ng r t t ng i Theo nh m nh c bi t th b n th n ng ch
a bao gi vi t ra quy n s ch n o To n b nh ng n ph m mang t
n Osho u c ng i kh c bi n so n l i t nh ng bu i thuy t gi ng c
a ng B n c nh , vi c chuy n ng c ng khi n cho vi c ti p nh n
nh ng ki n th c n y tr n n kh kh n h n Kh ng t l n m nh b t g
p nh ng tri t l d ng nh i ngh ch l i v i nhau trong m i ch ng
kh c nhau, l m cho m nh t h i y l m t v n c a vi c ghi ch p di
n d ch thi u ch nh x c, hay l do kh n ng c hi u c a b n th n
ch a t t. V d , ph n u cu n s ch c o n nh sau Ng i ta g ieo v o
u b n o t ng v t nh u vi t c a con ng i S th t l kh ng h t n t i b
t k s ph n bi t cao th p n o M i v t u b nh ng c y c , chim ch
c, mu n th , con ng i M i sinh linh t n t i u c ch p nh n theo
c ch v n c a n m kh ng ph i ch u b t k s ch tr ch hay ph ph
n n o tr.8 trang 162, b n v vi c ch p nh n ch nh m nh , cu n
s ch l i vi t con ng i l b ng hoa v i nh t, l sinh v t ti n h a nh t
tr n th gian n y N u b n d ch ch nh x c, m nh c n ph i suy
ngh xem, ti n h a nh t c ng ngh a v i u vi t nh t hay kh ng y

of Good and Evil

The Man Without Qualities

The Elephant Tree

The Earth, My Butt, and Other Big Round Things

Cloudy With a Chance of Meatballs

Where the Wild Things Are

One Hundred Years of Solitude

John Dies at the End

Me Talk Pretty One Day

One Flew Over the Cuckoo's Nest

Stop Dressing Your Six-Year-Old Like a Skank: A Slightly Tarnished Southern Belle's Words of Wisdom

c ph i l hai nh n nh m u thu n, hay th c ch t l hai v n ho n
to n t ch bi t C r t nhi u nh ng nh n nh m u thu n nh v y
trong c c b i gi ng c a Osho. B qua v n tr n, t t ng c a Osho
th t s mang t nh c p ti n radical , lu n h ng con ng i tho t ly
kh i nh ng k m h m c a x h i v nh ng n i s h i m ch ng g y ra
H n nh n S trung th nh C m gi c an to n, n nh To n l nh ng
gi tr o c Mu n th n m t v i ng i kh c, h y c mong manh, h y
c v k v ch p nh n ch nh m nh nh m nh v n th H y s ng tr n v
n trong ch nh gi y ph t n y Osho kh ng n i g cao si u c , ng
ch nh c cho ta nh l i nh ng gi tr c b n v c t l i nh t c a cu c s
ng n y th i.

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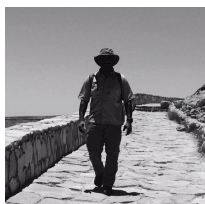


Karthick Rajan R Karthick Rajan R says:

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This book shows how the real intimacy should be intimacy
can be shown by removing the mask ie our body
language shows our character in some other form but if
we go insight within our self we can recognize our real
face what we really think inside and show our false face
to the outer world The real intimacy comes by removing
the mask and showing our real face to
everyone. removing the boundary level between the group
or persons Really everyone should read this book. nice
quotes and sayings are there in this book

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Yogi Travelling Yogi Travelling says:

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6 Stars Wow, I could not have picked up this book at a

appropriate time in my life Typical Osho he has such a magnificent way of putting seemingly confusing ideas into such beautiful words Someone who has had the opportunity to enter the deeper states of love will deeply appreciate and resonate with his words, as they are transcribed here

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Sean Goh Sean Goh says:

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Notes below are interesting excerpts from the book I underlined, I do not necessarily agree with all of them, but its good food for thought._____One of your most basic needs is to be needed But nobody wants to accept that it is my basic need to be needed, to be loved, to be accepted.The first step is to accept yourself in your totality Once you have accepted yourself as you are, the fear of intimacy will disappear.Self knowledge is only possible in deep aloneness Ordinarily whatever we know about ourselves is the opinion of others But others know only aspects, and very superficial aspects at that.Each moment has its own way, and no moment needs to be consistent with any other moment Life is a flux, it is a river, it goes on changing its moods Anyone who is worried about consistency will become untrue because only lies can be consistent.Truth means authenticity, truth means sincerity Truth is not a logical thing, it is a psychological state of being true not true according to some ideal.The true man has no ideals He lives moment to moment he always lives as he feels in the moment He is utterly respectful toward his feelings, his emotions, his moods.To tell a child to believe in God is utter nonsense, because the child has not yet felt the thirst, the desire, the longing Giving him the answer before he has even

asked the question will make him live in a phony way You don't create a religious person, you create a diplomat, a politician If you don't love yourself, who else is going to love you But if you ONLY love yourself, you love will be very poor.If you are moving in the right direction, the longest journey is not such a problem But if you are moving in a wrong direction, or not at all, life starts collapsing That is neurosis, a collapse in energy.No relationship can truly grow if you go on holding back If you remain clever and go on safeguarding and protecting yourself, only personalities meet, and the essential centers remain alone Then your mask is related, not you Risk is there, but it is better to be separate and real than unreal and together, because it will never be satisfying.If the relationship survives truth, it will be beautiful If it dies, then, too, it is good because one false relationship has ended.Unless you are capable of saying no, your yes is meaningless.Love is possible only when there is a deep acceptance of oneself, the other, the world Acceptance creates the milieu in which love grows, the soil in which love blooms.A person who hates himself cannot love anybody, he can only pretend.Beauty is a shadow of harmony It is not that you fall in love with a beautiful person, the process is just the opposite When you fall in love with some person, the person looks beautiful.The only way to dissolve fear is to go into it Experience liberates It is better to learn It is better to drop fear It is better to relate to people The knowledgeable you are, the egoistic you are.

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Mulham Ab Mulham Ab says:

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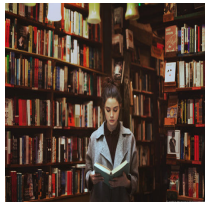
MyNguyen1709 MyNguyen1709 says:

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Khi o c Th n m t cu a Osho, t i co ca m gia c ng no i nhi u
i u ma ch a ai no i v i t i nh v y, ng da y t i nh ng i u ma ch
a ai da y t i nh v y T i th y ro h n nh ng m u thu n trong chi
nh con ng i mi nh, t i nhi n ba n th n mi nh ro h n, nh ng
ma nh v nh ang k t n i la i Nhi u ng i no i n u y u th ong, n
u chi u chu ng ba n th n mi nh la t i l i Va nhi u khi ng i ta
la m i u mi nh thi ch ma gia i nh, xa h i la i kh ng vui, l p t c
trong lo ng mi nh na y sinh m u thu n, ni m vui kh ng co n
tro n ve n Nh ca ch m t a tre c i vui ng i ta ng n chu ng la i,
kh ng cho phe p c i, nh th chu ng la m i u ng ng n, a ng tra
ch h n la a ng c i, nh ng ng i l n me o mo T i a kho c khi o
c c u na y trong cu n sa ch cu a ng, kho c nhi u n a la kha
c ng ta o ho a a ta o ra ba n b i Ng i y u th ng ba n Ng i y
u th ng ba n n m c kh ng th kh ng ta o ra ba n Tr c gi d ng
nh t i y u th ng ba n th n mi nh ch a u T i lu n thi ch ca ch
ng l ng ghe p nh ng c u chuy n ngu ng n va nh ng ba i ho
c ng la i no i ng mang theo c u ho i, c s ng, t nhi n va cu c
s ng chi toa n la c u tra l i kh ng ch a ng c u ho i. T i a th th
c ha nh mi nh la ca i c y sung to b b n ca nh nha trong m t
bu i chi u Long Xuy n Trong ca i n ng g y g t t i kh ng bi t c
y ca m th y th na o, vui hay bu n Th n c y to b , nhi u ca
nh va la xanh t i M t tr n cu a la ph i ra d i ca i n ng g y g t,
hi t r i th va tha i ra kh ng khi nh ng ma t la nh d i ta n c y,
c v y ma i di n v i m t tr i N u la con ng i thi se ca m th y da
bo ng ra t, ra nhi u m h i va cho ng m t, say n ng , nh ng o
la ca ch duy nh t la xanh t i Gio th i qua, ca nh la ung a,
gio nho thi ong a i t, gio l n thi ong a nhi u, t i kh ng bi t c y
co thi ch kh ng La va ng thi r t xu ng, la non thi m n m n R
thi c ca ng nga y ca ng s u, hu t n c va ch t dinh d ng nu i
c y la N u la c y, c y se i di n nh th na o v i ch t c C y se kh

ng ho i ai a u c t i , c y se kh ng tra ch mo c vi sao ng i ta i
x v i t i nh v y C y c l ng le , bi n i , n u kh ng th ti m i m c n
b ng m i , chu ng se ra i N u chu ng ti m c i m c n b ng m i
chu ng se la i s ng , se la i ti n ho a Nh bao i , nh t th i khu
ng long n gi Chu ng se hi n di n d i hi nh th c cu a m t ca i
c y na y hay ca i c y kha c , v n la c y C y chi xanh t i trong
n ng , va trong m t i c y v n xanh t i , chi co i u kh ng u a nh
sa ng con ng i nhi n th y s xanh t i C y l y a nh sa ng t m t
tr i , CO2 va O2 t kh ng khi , ch t dinh d ng va n c t t , c y
cho la i s ma t la nh , s trong xanh , cho qua ngo t , cho n i
tru ngu cu a chim , cu a c n tru ng Nh n l y va cho i Con ng
i ch ng cho c y i u gi , cu ng ch ng ch m so c , c y v n c l ng
le , kh ng tra ch mo c , kh ng bu n , chu ng co th t lo V y ta i
sao con ng i la i kh ng L ng le , bi n i va c n b ng m o tr i m
a sau nhi u nga y ha n , c y c t m gi va u ng n c T i l m nh
n ra vi sao ng bi tru c xu t kho i My n m 1987 L i no i cu a
ng qua nguy hi m ng m n l i Ph t , m n l i Jesus , m n l i ca c
vi Tha nh Th n kha c be h ng l i no i cu a ng , la m ng i ta
tin ng Nh ng v n co ca i gi m u thu n l m

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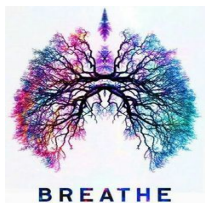


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Rawan Alshammari Rawan Alshammari

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